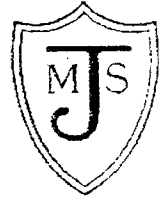


JONES MEMORIAL PRIMARY SCHOOL



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Principal: Mrs W Houston B Ed

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Re-Ballygowan Water and Energy Fitness.

It is without hesitation that I recommend Freddy to anyone in a school or club setting. Freddy visited us on Monday 14th April 2003, Friday 22nd October 2004 and Thursday 27th October 2005. A brilliant time was had by all - pupils and staff alike.

Freddy held the interest of the children with ease; even normally reluctant children participated enthusiastically! The health and fitness message was promoted in a fun and energetic way. The children are already asking when he will be coming back.

If you are considering bringing Freddy to your school, then I would say- **Go For It, you will not regret it. You will enjoy the experience! (Make sure the staff wear suitable footwear because no excuse will be taken!)**

Edna Topping (Mrs)
Head of Key Stage 1,
Health Education Co-ordinator,